- 22. The communications device as defined in claim 21, wherein the garment includes a visor and the rib is fixed to the visor.
- 23. The communications device as defined in claim 21, wherein an arch-shaped visor is attached to the crown, and a microphone is attached to a pivotally supported arm that is movable between deployed and retracted positions, the arm having a proximal portion that is approximately L-shaped to enable the microphone and arm to be substantially hidden under the arch of the visor when in the retracted position.
- 24. The communications device as defined in claim 21, wherein at least one earpiece or earphone is attached to the garment and is slidably supported to be vertically adjustable for adjusting to the position of the user's ear.
- 25. The communications device as defined in claim 21, wherein the telephone includes a liquid crystal display supported by the garment for telephone function.

- 26. The communications device as defined in claim 21, wherein an arch-shaped visor is attached to the crown, and an antenna is electrically connected to the telephone and is supported by the visor, the antenna being arch-shaped to conform to the shape of the visor.
- 27. The communications device as defined in claim 21, wherein a visor is attached to the crown, the visor having a rounded frontal edge, and an antenna is electrically connected to the telephone and is supported by the visor, the antenna being shaped and positioned to conform to the rounded frontal edge of the visor.
- 28. The communications device as defined in claim 21, wherein a battery holder is supported by the rib and electrically connected to the telephone.

29. A communications device comprising:

a head garment in the form of a hat or cap having a soft crown; and at least one earpiece or earphone attached to the garment, the earpiece or earphone being slidably supported to be vertically adjustable for adjusting to the position of a user's ear.

- 30. The communications device as defined in claim 29, wherein the earpiece or earphone is pivotally supported to move between deployed and retracted positions wherein the pivotal axis is approximately parallel to a longitudinal axis of the garment.
- 31. The communications device as defined in claim 29, wherein an arch-shaped visor is attached to the crown, and a microphone is attached to a pivotally supported arm that is movable between deployed and retracted positions, the arm having a proximal portion that is approximately L-shaped to enable the microphone and arm to be substantially hidden under the arch of the visor when in the retracted position.
- 32. The communications device as defined in claim 29, further comprising a wireless telephone attached to the garment and operatively connected to the earpiece or earphone so that a user can communicate, hands-free, while wearing the garment.
- 33. A communications device comprising:
- a head garment in the form of a hat or cap having a soft crown; and a wireless telephone attached to the garment, the telephone having a liquid crystal display supported by the garment for telephone function.

- 34. The communications device as defined in claim 33, wherein the garment includes a visor and the liquid crystal display is supported at the visor.
- 35. The communications device as defined in claim 33, wherein the garment includes an arch-shaped visor and the liquid crystal display is supported by a housing shaped to conform to the shape of the visor.
- 36. The communications device as defined in claim 33, wherein the telephone includes a telephone keypad supported by the garment so that a user can input information.
- 37. The communications device as defined in claim 36, wherein the garment includes an arch-shaped visor attached to the crown and the keypad is supported by a housing shaped to conform to the shape of the visor.
- 38. The communications device as defined in claim 33, wherein a battery holder is positioned under the crown and is electrically connected to the telephone, the holder having a convex shape that conforms to an inner upper portion of the crown.

39. The communications device as defined in claim 33, wherein an arch-shaped visor is attached to the crown, and an antenna is electrically connected to the telephone and is supported by the visor, the antenna being arch-shaped to conform to the shape of the visor.

40. The communications device as defined in claim 33, wherein a visor is attached to the crown, the visor having a rounded frontal edge, and an antenna is electrically connected to the telephone and is supported by the visor, the antenna being shaped and positioned to conform to the rounded frontal edge of the visor.